
















abraham path

Arava Atlas







topographical maps &
route descriptions

v1.0






Amenities

-  **Accommodations:** Hotel, hostel, guesthouse, homestay, or free “trail angel” room
Implies: Water, Bathrooms with showers, Shade, shelter
-  **Bedouin tent accommodations:** Guesthouse with sleeping arrangements in Bedouin-style tents, not buildings
Implies: Water, Bathrooms, Shade, shelter
-  **Campsite:** An area officially designated for camping, a commercial campsite, or a well-established, often-used wild campsite. In some natural areas, camping is only permitted in designated sites in order to protect the environment
Implies: No services unless otherwise noted
Free unless otherwise noted
-  **Recommended campsite:** An area suitable for wild camping, but not typically used for it
Implies: No services unless otherwise noted
-  **Drinking water:** A reliable source of potable water
When appearing next to a spring, well, stream or other natural water source, the water still should be purified before drinking. The symbol will only appear next to natural water sources that have water year-round
-  **Restaurant:** Any establishment selling prepared meals
Implies: Water, Bathrooms, Shade, shelter (possibly only for customers)
-  **Grocery store:** A store selling substantial foods and essentials (rather than simply snacks)
Implies: Water, Bathrooms, Shade, shelter (possibly only for customers)
-  **Bus stop:** A station or stop where public transit can be taken. May be a central bus station or a roadside stop
-  **Bathrooms:** Western-style toilets and sinks unless otherwise noted. Does not imply showers; does imply shelter
-  **Picnic area:** An area with picnic tables and other park amenities. May be a good camp spot, if noted
Implies: Shade
-  **Gas station:** A gas (petrol) station and its accompanying facilities
Implies: Water, Bathrooms, Shade, shelter, and a snack shop
-  **Shade:** A reliably shady spot to rest in. Only appears in stages where shade is otherwise nonexistent; sometimes refers to the point at which a stage begins to have regular shade after having lacked it (see stage notes for details)
-  **All Amenities:** A large town or city generally has everything a hiker needs for resupply, and many shopping, accommodation, and restaurant options; this is used to save space rather than showing all icons
Implies: Accommodations, Restaurants, Grocery Stores, Public Transportation, Bathrooms, Shade, Water, shelter

Natural Features

-  **Spring:** A natural water source emerging from the ground, or a pool. May have water only in season. Often only visible as an area of heavy plant growth. Does not imply drinking water unless otherwise noted
-  **Well or cistern:** A man-made water source dug in the ground. May not have water; also appears to serve as a landmark. Does not imply drinking water unless otherwise noted
-  **Lookout:** A natural or man-made viewpoint with a view in the specified direction
-  **360-degree lookout:** A lookout point in all directions; usually the summit of a hill, or a watchtower
-  **Cave:** A cave of any size; may be anything from a small nook in a cliff wall to a large cavern system
Implies: Shade and shelter (caves marked on maps are always large enough for people to fit into)
-  **Waterfall:** A wet or dry waterfall; dry ones run only seasonally or after rain. Does not imply drinking water

Trail Features and Warnings

-  **Scrambling:** A section of trail where rock scrambling (using hands) is required. Note that these are all non-technical; no sections on the Abraham Path require the use of ropes or other climbing equipment
-  **Ladders:** A section of trail where the climbing of ladders, staples or ropes is necessary. Again, it is never necessary to bring any special equipment on the Abraham Path; all ladders, ropes, and handholds are already installed
-  **Exposed trail:** A section of trail that is narrow and exposed to a long drop on one or both sides; path may be slippery or unstable as well. Use extreme caution when crossing.
While none of these sections are inherently dangerous, people with extreme fear of heights may find these sections impossible to pass and may wish to plan not to hike these stages
-  **General warning:** When this symbol is present, a note beside it or in the walking notes will explain why caution or extra attention is required on that trail section
-  **Flash flood risk area:** An area, normally in a narrow or deep wadi or canyon, where dangerous flash floods (large walls of water moving extremely quickly) can occur.
It does not have to be raining for a flash flood to occur; rain upstream of a desert canyon can cause flash flooding in the canyon. Always check local weather forecasts before hiking in flash flood risk areas

Cultural Features



Ruins or archaeological site: Ruins of any age or size. Free admission (or non-maintained site) unless otherwise noted



Synagogue/Church/Mosque or religious site: This may be either a significant site for one or more religions (tomb of a famous figure; traditional site of a story or event; etc.) or simply one serving as a landmark



Point of interest: Generic symbol for relevant locations not covered by another symbol; see notes beside the point for more information

Trail Indicators

- Abraham Path route:** Shows the route followed by the Abraham Path on a given stage
- Other Abraham Path route:** Shows Abraham Path routes other than the one that is the focus of a stage map; includes previous and next stages, detours, spurs, etc.
- City Walk routes:** Shows City Walk routes, special spurs/alternates of the Abraham Path



Begin/End Stage: Mark the beginning and ending of a stage on stage maps

1.4 **Waypoints and Distance Indicators:** Waypoints mark turn-by-turn directions and navigational landmarks along a trail stage. There may be a distance markers, indicating cumulative distance from the beginning of the stage. Even if no distance is attached, each waypoint has a corresponding entry in the stage's data book which does list its distance as well as a description of the location and directions

Other Geography



Roads: Beige are larger highways, up to expressways; white are smaller roads as well as city streets. Labelled with road number if applicable

Roads marked this way are virtually always asphalt, but in some places with very few paved roads, a wide, smooth, easily driveable dirt road may also be marked as a white road (e.g. Harran region)



Dirt road or 4x4 track: A wide, unpaved surface generally large enough to accommodate a jeep or 4x4 vehicle. Should be assumed not to be accessible by normal car unless otherwise noted. The distinction between these and paths (below) is a gradual one, and some trails are on the borderline between both, or change from one to the other over a distance



Footpath: A narrow, unpaved walking surface generally too small or too rough to be driven by a 4x4 vehicle. May be wide enough for two people to walk abreast, or a narrow, faint goat path. May be very clear and easy to follow, or faint and more intermittent.



Wadi or ditch: A "wadi" is an intermittent streambed which flows with water only in the wet season or after rain. Many of them form very large canyons, and "wadi" can refer either to the broader canyon or to the streambed in the bottom of it



Stream/River: Waterways that flow year-round, rather than seasonally. A stream is usually small enough to cross easily by foot, while a river is larger. Canals appear the same as streams or rivers



Contour Lines: Show the topography of a landscape; a line is drawn every 10m of elevation, and a thicker line every 100m with a label showing its height. Lines closer together mean a steeper slope; further apart mean a gradual one



Summit: A peak or local high point



Built-up area: A town, residential, commercial or industrial area



Forest: A densely wooded area



Military Zone: Base, firing zone, or other military facility



Border: Country boundaries

Israeli Trail System



The Israeli trail marking system consists of various-colored trail marks (black, blue, red, and green; also purple and orange for certain longer-distance routes) marked with striped symbols shown at left. They appear on our maps when relevant instead of the "4x4 track" or "path" marking.



The Israel Trail, a long-distance hiking route, is marked with orange-blue-white blazes and an orange translucent line, as it often overlaps with other marked trails. The Israel Bike Trail is marked by a purple translucent line. The Abraham Path in the Negev overlaps with the Israel Trail and the Israel Bike Trail for significant distances.

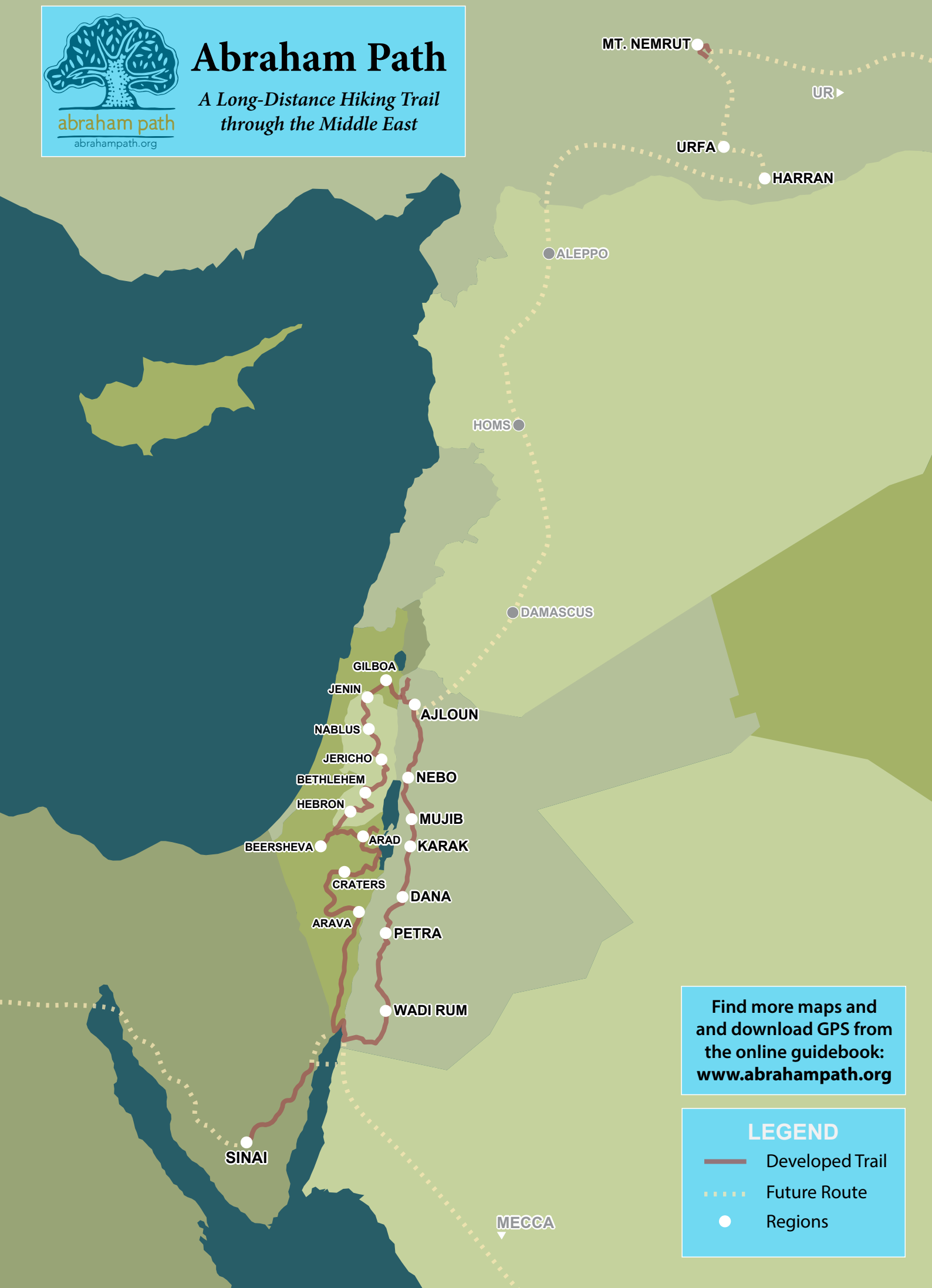


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Abraham Path

*A Long-Distance Hiking Trail
through the Middle East*



MT. NEMRUT

UR

URFA

HARRAN

ALEPPO

HOMS

DAMASCUS

GILBOA

JENIN

AJLOUN

NABLUS

JERICHO

NEBO

BETHLEHEM

MUJIB

HEBRON

KARAK

BEERSHEVA

ARAD

CRATERS

DANA

ARAVA

PETRA

WADI RUM

SINAI

MECCA

Find more maps and
and download GPS from
the online guidebook:
www.abrahampath.org

LEGEND

- Developed Trail
- Future Route
- Regions

The Abraham Path is a long-distance cultural walking route following the footsteps and memory of Abraham across the Middle East. The Abraham Path celebrates the Abrahamic values of hospitality and kindness to strangers, provides economic benefits to local communities along the route. For more practical planning information, including downloadable companion GPS tracks and waypoints, visit www.abrahampath.org.

This map series is part of an effort by local partners and the Abraham Path Initiative to produce the first all-path online guidebook, covering over 1000 km of walking trail and Abrahamic memory and heritage across the Middle East. We invite you to take part in this project by walking the path, visiting communities along the way, and providing comments and suggestions for improvement. These routes are still in development, and map feedback is especially helpful for name corrections (towns, wadis, landmarks), areas which are difficult to navigate, and updates on current path conditions (feedback@abrahampath.org).

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Databook & Diagrams © Abraham Path Initiative

Disclaimer

This map may not be up to date with recent changes on the ground. By making this map available, the Abraham Path Initiative does not assume any liability for use of the information provided or for its accuracy. All hiking and other outdoor activities have potential hazards involving risk of injury or death. The wilderness in and of itself can be a dangerous place and there are areas in the Middle East that can suddenly become subject to security instability.

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Find out more at www.abrahampath.org



Abraham Path

Arava Region (Israel)

Water, Supplies and Accommodations

Water and food are logistical challenges in this remote part of the Negev desert. You will need to plan carefully, to deal with water sources from Tzukim to Shizafon Junction (3 long days), and Timna Oasis to the Red Sea (3 days).

For the large majority of hikers who cannot or do not want to carry 3 days' worth of water (at least 15 liters) or hike these long distances in less than 3 days, it is best to use water caches (in which you or a hired driver go out before the hike to leave water bottles hidden near the night camps where you'll end each day) or a support vehicle which can come to each camp and bring you the next day's food and water. All stage ends in this atlas are accessible by normal car, so no 4x4 vehicle is needed if you hike according to these suggested stages.

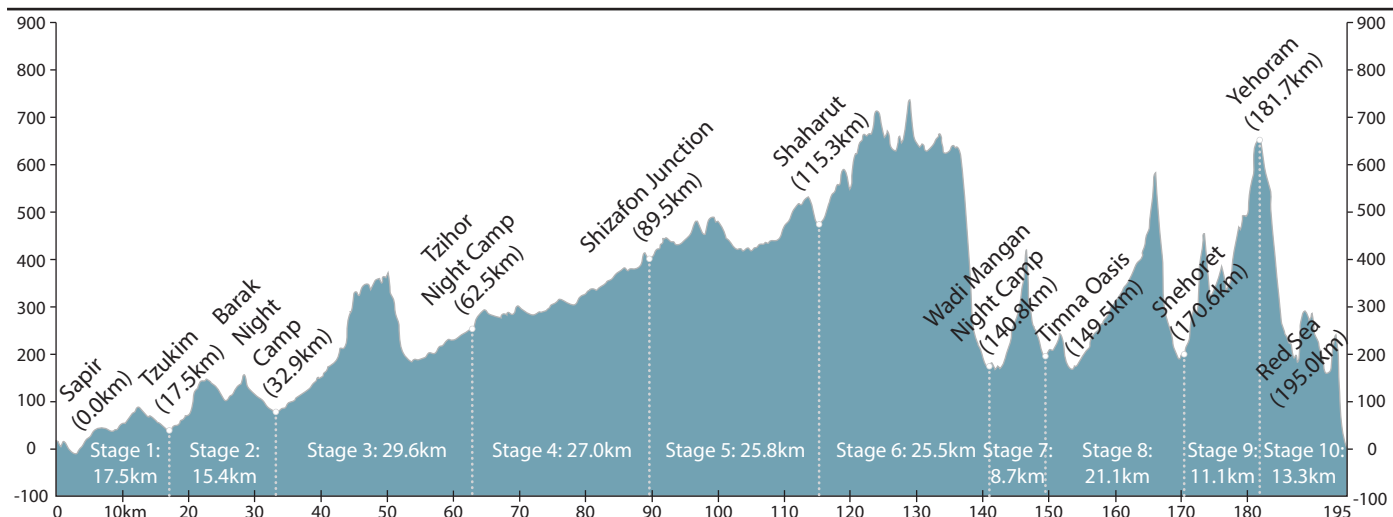
Almost the entire desert (except for military zones and near towns) is classified as nature reserve; this means you must stay on marked hiking trails and camp only in designated night camps. These camps (shown on the maps and usually indicated by signage) offer no services unless otherwise noted, and consist simply of a relatively flat area where tents can be pitched. Gathering wood for campfires is also prohibited, in order to protect the ecosystem. If you want a fire, you must bring in wood from outside, but it's better to cook using a camp stove.

For more information on transportation and accommodations in the Arava Region: www.abrahampath.org/path/arava

Trail Angels

"Trail angels," or "malakhei shvil" in Hebrew, are people who volunteer to host hikers for free. They exist along the length of the Israel Trail, a long-distance route with which the Abraham Path overlaps for much of the Negev. Staying with trail angels is a very unique and possibly unpredictable cultural experience, and anyone who is open to the unexpected and interested in meeting friendly locals is encouraged to try it. Trail angels prefer to be contacted several days in advance, and many prefer to host only long-distance hikers - those hiking for a week or more.

For contact information, scroll down or search for a town's name on this page: http://shvil.wikia.com/wiki/INT_Trail_Angels. Keep in mind not to contact trail angels with the "SHO" notation on Friday night, Saturday, or Jewish holidays.





Mitzpe
Ramon

Sapir

Stage 1

Tzofar

Stage 2

Tzukim

Barak

Stage 3

Paran

Stage 4

Tzihor

Junction

Shitim

Stage 5

Shizafon

Junction

Ketura

Stage 6

Shaharut

Yotvata

Wadi Mangan

Stage 7

Timna

Beer Ora

Stage 9

Shehoret

Yehoram

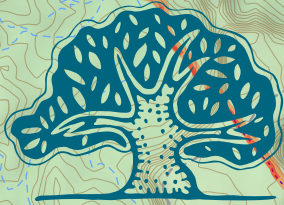
Eilat

Aqaba

Stage 10

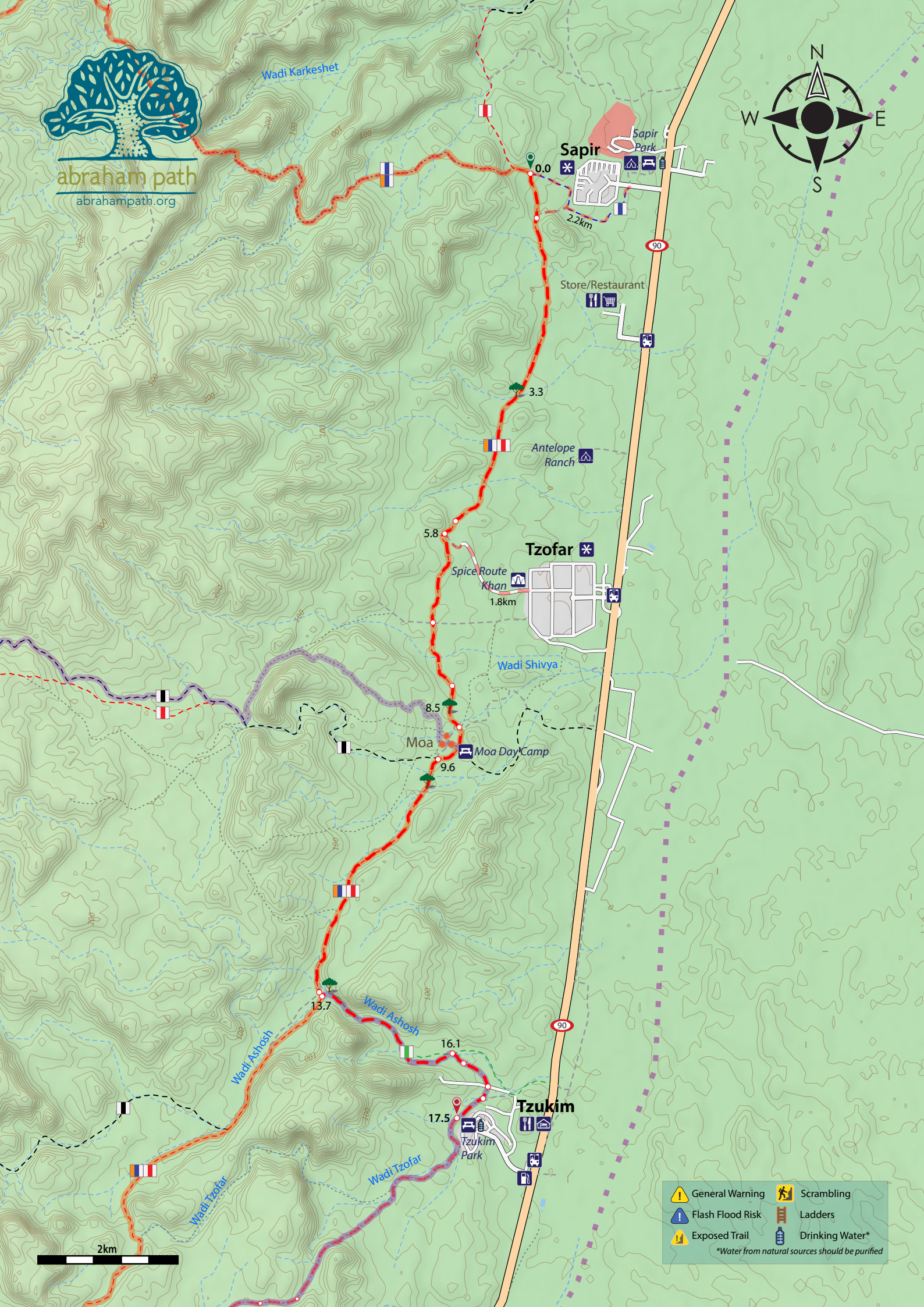
Red
Sea

15km



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	General Warning		Scrambling
	Flash Flood Risk		Ladders
	Exposed Trail		Drinking Water*

*Water from natural sources should be purified



1: Sapir to Tzukim (Arava Region)

Distance: 17.5km

Time: 4-6 hours

Physical Challenge: moderate

Trail Difficulty: easy

km	Walking notes	+km
0.0	BEGIN STAGE at intersection with blue-blazed dirt road W of Sapir. Follow dirt road marked by red and Israel Trail blazes S, keeping Sapir on your L.	0.7
0.7	As a dirt road joins from the L continue S, following red and Israel Trail blazes. You will continue on this dirt road following intermittent red and Israel Trail blazes, as well as "Spice Route" and "Zofar Trail" signposts, for the next 5.1km, until you turn to Tzofar.	3.6
3.3	Pass a shade tree. Several other shade trees over the next 300m.	2.2
5.5	As you pass the remains of a house on your R and large complex of chicken coops (which look like solar panels) on your L, continue straight on dirt road. ~ 250m ahead, you will turn L toward Tzofar.	0.3
5.8	At intersection with dirt road on your L, on the far side of the chicken coops, continue straight on dirt road. Then, at Y by a water station, turn L following the direction of "Spice Route" and "Zofar Trail" marker. This dirt road is still marked intermittently by red and Israel Trail blazes, though no markers are visible at this point.	1.4
7.2	At intersection with dirt road continue straight across, continuing to follow all "Spice Route" and "Zofar Trail" markers and any red or Israel Trail blazes	1.0
8.2	Continue straight on 4x4 following red and Israel Trail blazes, as 4x4 intersects from your L. Shortly after you will pass a no vehicle entry sign on your L.	0.3
8.5	Pass a shade tree.	0.4
8.9	Continue straight on the 4x4 following red and Israel Trail blazes, as 4x4 intersects from your L. Soon after, continue straight following red and INT blazes as a black-blazed 4x4 joins from your L. The Moa archeological site is ~ 250m S ahead.	0.7
9.6	At 3-way intersection, ~ 300m past Moa, turn L onto a 4x4 following red and Israel Trail blazes and a sign for "Wadi Ashosh" and "Springs Route." ~ 200m ahead, pass several shade trees.	4.0
13.6	At Y, turn L toward a wadi opening between two cliffs and the T ~ 50m ahead.	0.1
13.7	At T with 4x4 turn L, following green blazes and sign for "Wadi Ashosh" and "Arava Hwy." Immediately after turning, curve R and enter the wadi. Follow the 4x4 down the wadi, exiting the nature reserve and passing several shade trees. There continue to be shade trees throughout wadi ahead.	2.4
16.1	When you reach a mushroom shaped rock formation on your R (There is also a white structure on the cliff behind to your R), just before a bike trail blaze and green blaze on your L, turn R off the 4x4 track leaving the green blazes and following bike tracks toward the electric lines ahead.	0.2
16.3	Leave the wadi bed, and reach a bike trail blaze on a small rock column. Continue on what is now a 4x4 track toward the Arava Valley and mountains across it ahead.	0.6

16.9	At 4-way intersection with asphalt road, continue straight into the wadi bed ahead, following the wadi and bike trail blaze. Keep the houses ahead on your L as you follow the wadi to the W side of Tzukim.	0.1
17.0	As you join another 4x4, angle R, continuing to follow wadi bed.	0.5
17.5	END STAGE with Tzukim on the hill to your L. There is a park with water just up the hill in Tzukim.	END

Transportation:

• Bus stops in Sapir, Tzofar, and the entrance to Tzukim.

• 4x4 access all day.

Accommodation:

• Camping is possible in Sapir

• Spice Route Khan and guesthouses in Tzofar.

• Guesthouses in Tzukim. Wild camping is also possible west of Tzukim.

Food and Water:

• Grocery stores and water in Sapir and Tzofar.

• Meals at Spice Route Khan and restaurants in Tzofar.

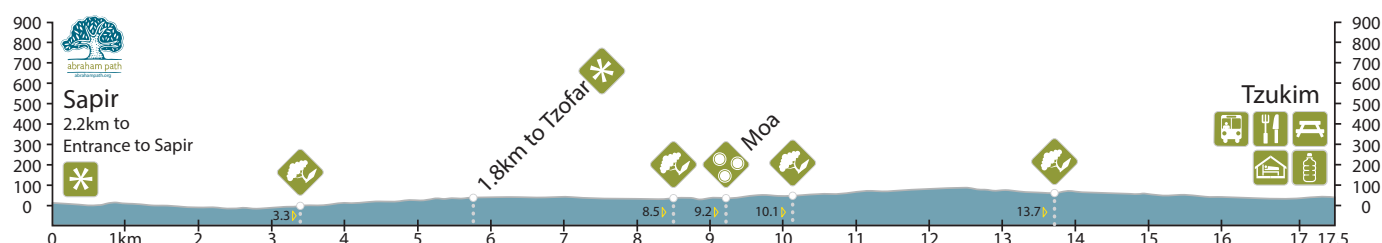
• Restaurants in Tzukim. A gas station at the entrance to Tzukim on Hwy 90 sells snacks.

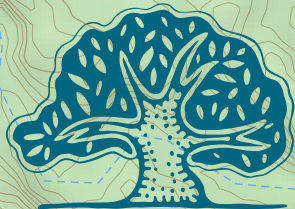
• A public park on the west side of Tzukim has potable water.

Stage Notes:

• You can easily split this day into two, staying in Tzofar, in order to spend time visiting Moa (just southwest of Tzofar) and local kibbutzim

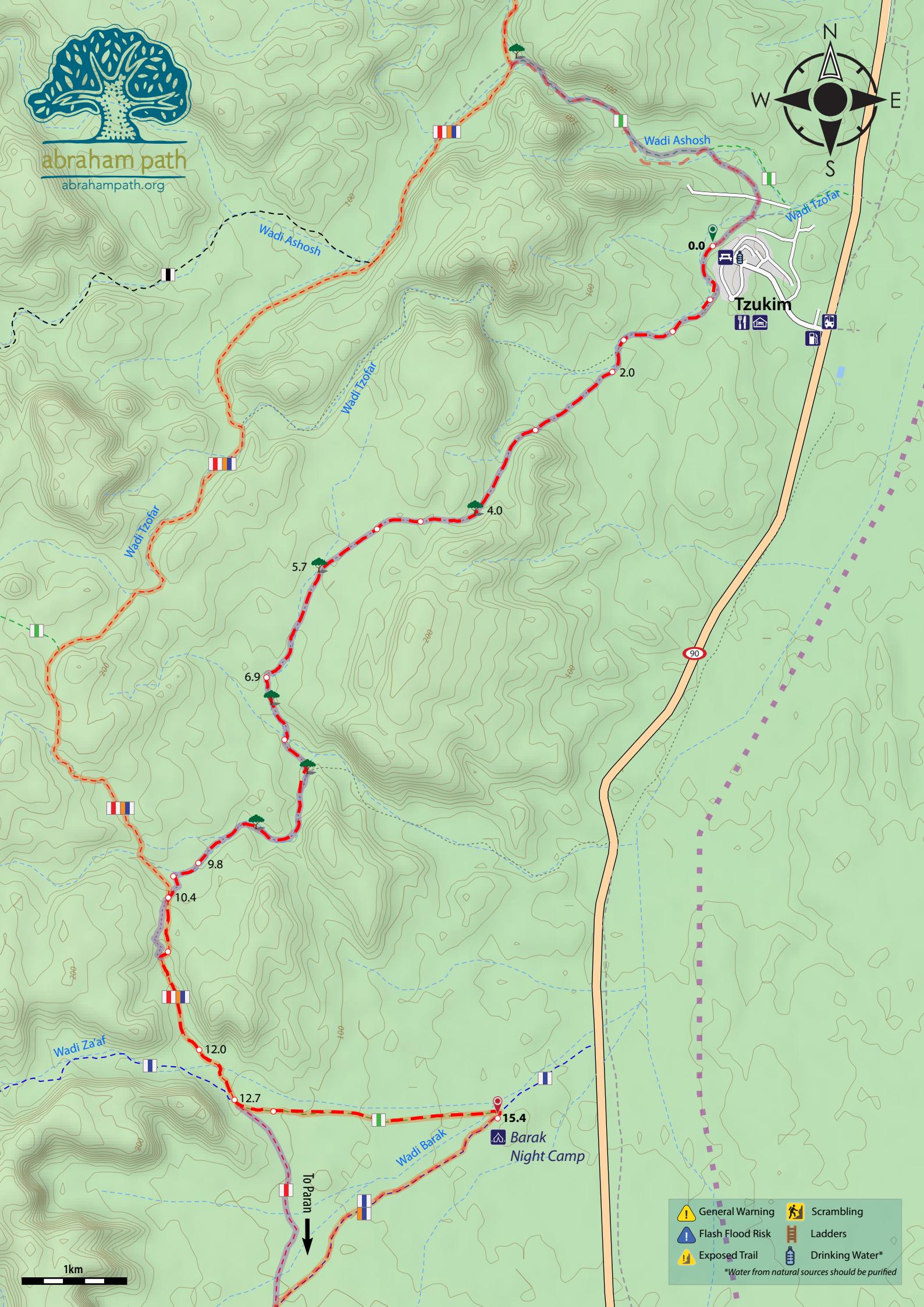
• Stock up on supplies at grocery stores in Sapir and/or Tzofar. The gas station in Tzukim is the last on-trail store before Shizafon Junction, 3 days' walk to the south.





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	General Warning		Scrambling
	Flash Flood Risk		Ladders
	Exposed Trail		Drinking Water*

*Water from natural sources should be purified



2: Tzukim to Wadi Barak (Beersheva Region)

Distance: 15.4km

Time: 3.5-5 hours

Physical Challenge: moderate

Trail Difficulty: moderate

km	Walking notes	+km
0	BEGIN STAGE in the wadi on a faint 4x4, just W of the Tzukim town park. Go SW up the wadi with Tzukim on your L. Follow intermittent bike trail blazes for the next 10.4km	0.6
0.6	As 4x4 ends, continue to follow a faint bike path and intermittent bike trail blazes angle R up the wadi, leaving Tzukim behind.	0.5
1.1	As the wadi widens, follow the wadi bed toward an opening between two hills ahead, angling slightly R	0.5
1.6	As you follow the wadi between two hills, angle L, moving in the direction of a flat-top mountain. Then, As the wadi bed and faint 4x4 angle R, stay close to the hills to your L, moving toward the flat-top mountain ahead.	0.4
2.0	Reach "Conduct and Safety Rules for Cyclists" sign and continue straight, following the clearly defined path toward the flat-top mountain.	0.9
2.9	Pass the flat-top mountain on your L, and follow the path parallel to a wadi, moving upstream. Keep the ridge on your L.	1.1
4.0	As the path crosses to other side of the wadi, continue to follow the path and bike trail markers up the wadi. Keep the ridge on your L. Pass several small shade trees.	0.5
4.5	When the wadi widens, continue to follow the bike path over an open expanse.	0.5
5.0	As you reach an open expanse, turn L following a wide wadi downstream while moving toward trees in distance.	0.7
5.7	Reach several shade trees, and continue along the wadi toward the mountains ahead.	1.2
6.9	Follow the path across the wadi passing a large shade tree. Follow the path as it goes out of and back into wadi. There are many shade trees for the next 3km	0.7
7.6	As you approach an opening where the wadi passes through hills ahead on your L (with views to the Arava Valley and mountains to east) cross to the R side of wadi, aiming for a blue and white bike trail blaze. On the other of the wadi, continue downstream. After ~100m turn R up another wadi, leaving the wadi that descends to the Arava Valley.	2.2
9.8	At Y, follow the path L along the wadi bed as a 4x4 climbs a small hill to your R.	0.3
10.1	At a small rock cairn, follow the path L out of the wadi bed, aiming for a small gap on your L. Go through the gap and make a sharp L, leaving the wadi completely.	0.4
10.4	At intersection, turn L onto a 4x4 and ascend toward top of hill. Leave the bike trail markers and begin following red and Israel Trail blazes.	0.5
10.9	Begin a steep descent into another wadi, continuing to follow red and Israel Trail blazes.	1.1
12.0	At sign for "Wadi Za'af" and "Baraq Plateau" to your R, continue straight, following red and Israel Trail blazes in direction of Hwy 90.	0.7

12.7	As a blue-blazed 4x4 joins from your R, continue straight following red and Israel Trail blazes and a sign for "Spring Way." Immediately after at a Y, turn L onto a 4x4 marked by green blazes. Follow a sign for "Arava Hwy (90)."	0.4
13.1	At Y, stay L, going toward the pointed hills in the valley ahead. Continue to follow green and Israel Trail blazes. Continue straight on this 4x4 until you reach a T and Barak Night Camp.	2.3
15.4	END STAGE at Barak Night Camp.	END

Transportation:

- Bus stop at Tzukim.
- Car access at Barak Night Camp

Transportation:

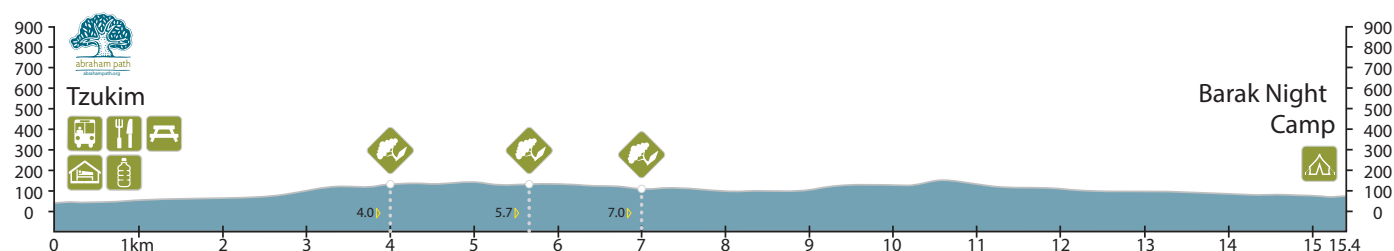
- Guesthouses in Tzukim. Wild camping is also possible west of Tzukim.

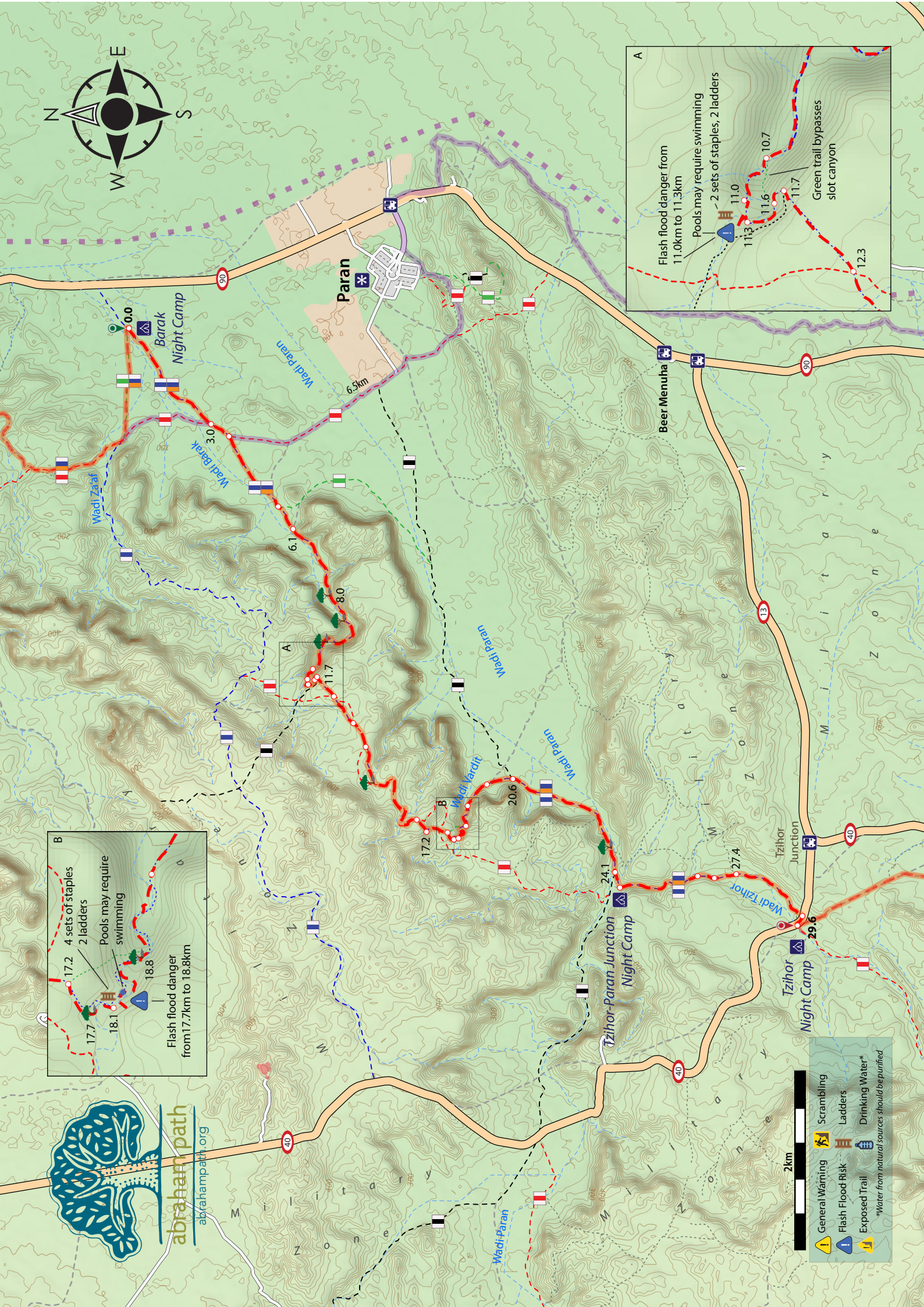
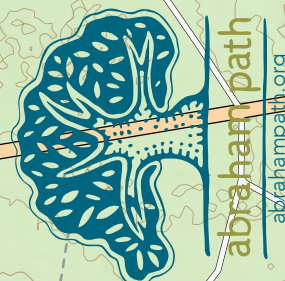
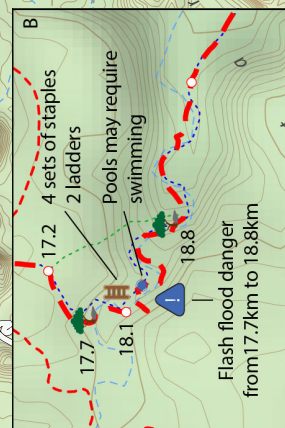
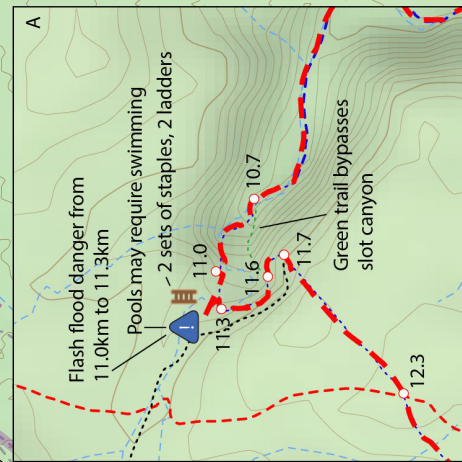
Food and Water:

- A public park on the west side of Tzukim has potable water.
- Water and restaurants in Tzukim. A gas station at the entrance to Tzukim on Hwy 90 sells snacks.
- Cache water at Barak Night Camp.

Stage Notes:

- Much of this stage follows the Israel Bike Trail. The path is clear, but markings are more infrequent than hiking blazes.
- From Barak Night Camp food (grocery store and B&B) and water are available ~7km south on Hwy 90. Or, skip Barak Night Camp and hike directly to Paran by following the red trail south at km 12.7. You can start the next day from Paran, and the distance to Tzihor Junction is nearly the same as from Barak Night Camp (+ ~ 1km).





Legend

- General Warning
- Flash Flood Risk
- Exposed Trail
- Scrambling
- Ladders
- Drinking Water*

*Water from natural sources should be purified



3: Wadi Barak to Wadi Tzihor (Arava Region)

Distance: 29.6km

Time: 6-10 hours

Physical Challenge: difficult

Trail Difficulty: difficult

km	Walking notes	+km
0	BEGIN STAGE: Turn L from Barak Night Camp onto a dirt road, following blue blazes SW toward cliffs.	3.0
3.0	As a 4x4 marked by red blazes joins from R, continue straight following blue blazes and a sign for "Wadi Baraq." Continue in the direction of the cliffs ahead.	0.5
3.5	At Y, continue straight on the dirt road, following blue blazes the toward cliffs, as a red-blazed 4x4 goes L.	2.0
5.5	At Y, continue straight on the dirt road, following blue blazes, as a green-blazed 4x4 goes L.	0.6
6.1	At intersection with small 4x4 track on your L and sign for "Wadi Paran," continue straight following the blue blazes into the canyon.	1.9
8.0	Pass a large shade tree. Many shade trees for the next 2km	2.7
10.7	As 4x4 ends at Y, go R following blue and Israel Trail blazes up the wadi. To the L green blazes and a sign for "Baraq Canyon Loop Trail" mark a path leaving the wadi. OPTION: Follow the green blazes to avoid climbing up the slot canyon ahead.	0.3
11.0	Enter tight slot canyon, and continue upstream. You will have to climbing two ladders, two sets of staples, and a rope before exiting the slot canyon.	0.3
11.3	Exit slot canyon on a dirt footpath, following blue blazes.	0.3
11.6	At Y, follow blue and Israel Trail blazes R, uphill, continuing out of canyon. The path marked by green blazes returns to canyon floor.	0.1
11.7	At Y follow L option, ascending on a path marked by blue and Israel Trail blazes. A black-blazed path leaves to your R.	0.6
12.3	Cross red-blazed 4x4, and continue on the blue-blazed path toward the wadi ahead.	0.8
13.1	At a junction with a red-blazed 4x4, turn R onto the 4x4 track following red and Israel Trail blazes.	0.6
13.7	As the 4x4 goes up a slight hill and angles R, turn L onto a faint path, following blue and Israel Trail blazes over small rise and toward a small wadi on the other side. Soon, angle R into wadi.	0.8
14.5	When you reach large shade tree at a junction with a red-blazed 4x4, turn L onto the 4x4, and follow red and Israel Trail blazes across the plateau.	2.3
16.8	At intersection with a blue-blazed path on your R, turn R onto the path leaving the 4x4. Follow blue and Israel Trail blazes toward the hill ahead.	0.4
17.2	Begin a steep descent. At the bottom of the descent continue straight across a 4x4.	0.5
17.7	At Y with green-blazed path (although there is no sign this is part of the Vardit Canyon Loop), follow blue and Israel Trail blazes R. The path marked by green blazes goes L, descending toward Wadi Paran while avoiding the slot canyon in Wadi Vardit. Shortly after the Y, descend steeply into Wadi Vardit. OPTION: Follow the green-blazed path to the wadi below to avoid the slot canyon.	0.3
18.0	When you reach a tree in the wadi, follow the blue blazes to your L approaching a steep drop. Follow blazes to the R rim of the wadi, and pass an exposed section of trail with a large drop to your L.	0.1
18.1	Descend an extended series of staples into the slot canyon. In the slot canyon climb down 4 sets of staples and 2 ladders. If there has been rain, you may need to swim across pools.	1.7
18.8	Pass a shade tree. Shade trees are intermittent until Tzihor Junction Night Camp, 11.3 KM ahead. Just ahead, at an intersection with a green-blazed path on your L and a sign for "Wadi Varditi Loop Trail," continue straight, following blue and Israel Trail blazes.	0.5
19.3	Continue to follow blue and Israel Trail blazes; path becomes 4x4.	0.7

20.0	At Y intersection take the R 4x4 option, continuing to follow blue and Israel Trail blazes. Keep the cliff relatively close on your R.	0.6
20.6	As black-blazed 4x4 joins from your R, continue straight, following blue and Israel Trail blazes, moving to toward the point ahead where the wadi narrows.	3.5
24.1	At Y, take the L 4x4, and continue to follow blue and Israel Trail blazes toward the cleft in the cliff ahead on your L. A black-blazed 4x4 leaves to your R.	0.4
24.5	At 3-way junction, turn L following a 4x4 track marked by blue and Israel Trail blazes into shallow canyon on your L. A sign for "Wadi Paran" points in the direction from which you arrived. A green-blazed path leads to burial remains on the hill ahead. Just to the W of the junction is Tzihor-Paran Junction Campground.	2.0
26.5	At Y, keep R. Go toward a blue blaze, and keep following intermittent blue and Israel Trail blazes. Stay near the R side of the wadi.	0.4
26.9	Angle L with the 4x4 track as it crosses to other side of the wadi.	0.5
27.4	At intersection with 4x4, turn R and continue along the wadi going toward the electric towers ahead.	1.9
29.3	Reach junction with Hwy 40, turn R and continue parallel Hwy 40 for ~ 200m before crossing Hwy 40.	0.3
29.6	Just on the other side of Hwy 40, reach a junction with a red-blazed trail. END STAGE. ~ 500m ahead on the red-blazed trail is Nahal Tzihor NC.	END

Transportation:

- Car access to Barak Night Camp
- Bus stop at Tzihor Junction (~ 1.5km off-trail)

Accommodation:

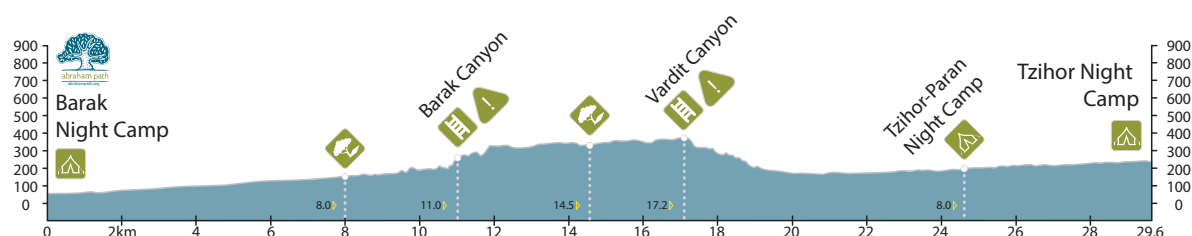
- Barak Night Camp
- Tzihor-Paran Junction Night Camp
- Guesthouse in Paran (~ 6km off trail)
- Tzihor Night Camp

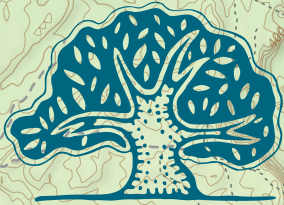
Food and Water:

- Cache water at Barak Night Camp.
- Cache water at Nahal Tzihor Night Camp.
- Grocery store and water in Paran (~ 6km off-trail)

Stage Notes:

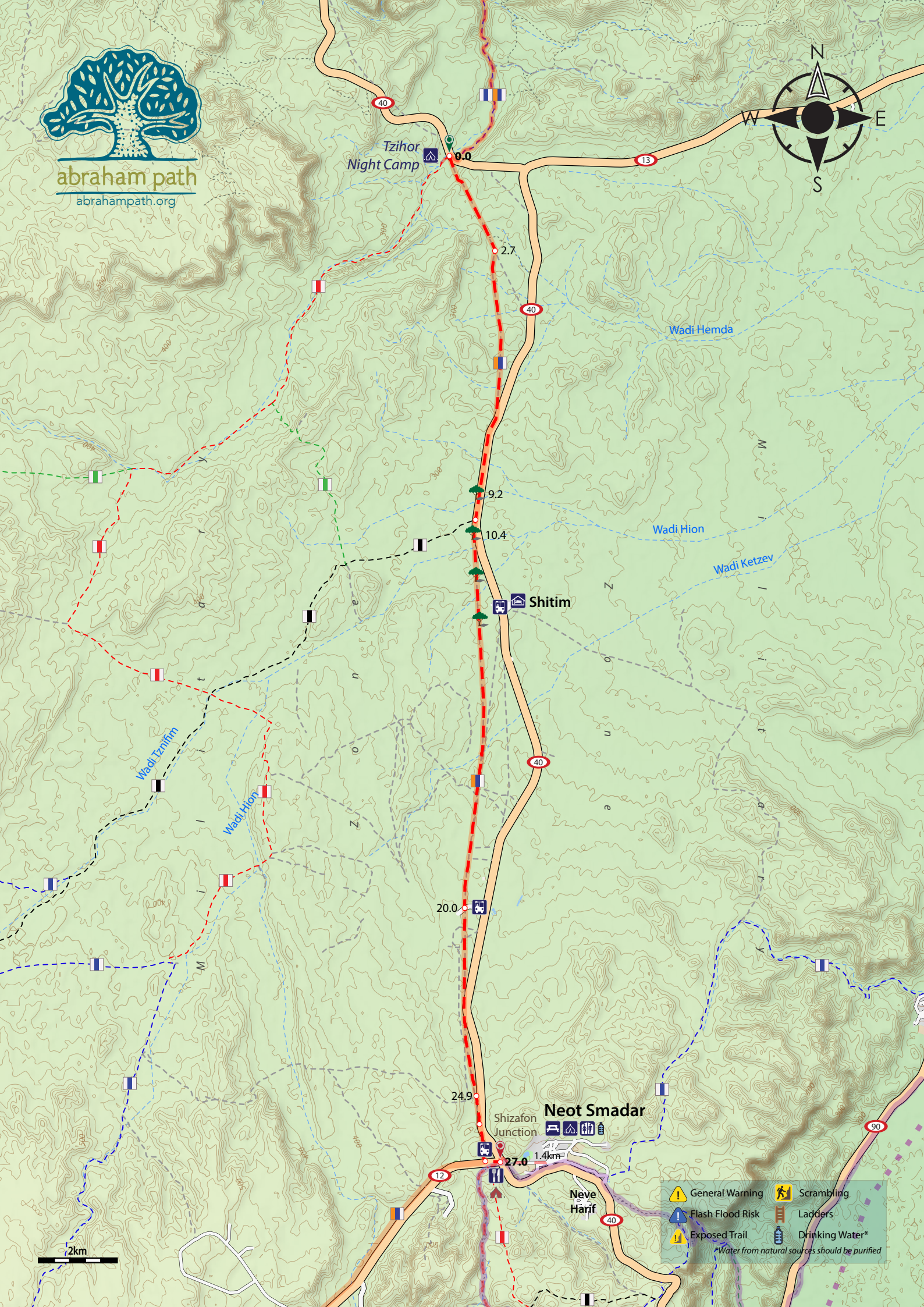
- The slot canyons in Wadi Barak and Wadi Vardit require scrambling and climbing ropes and ladders. If there has been rain recently, you may be required to swim across pools. Take care to avoid these wadis if there is any risk of flash floods. Green-blazed trails bypass the slot canyon sections of both wadis.





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General Warning	Scrambling
Flash Flood Risk	Ladders
Exposed Trail	Drinking Water*

*Water from natural sources should be purified



4: Wadi Tzihor to Shizafon Junction (Arava Region)

Distance: 27.0km

Time: 6-9 hours

Physical Challenge: difficult

Trail Difficulty: easy

km	Walking notes	+km
0	BEGIN STAGE Just S of Hwy 40 at junction of red-blazed 4x4 and Israel Trail. Follow the Israel Trail blazes SSE. You will follow Israel Trail blazes until Shizafon Junction, paralleling Hwy 40 S for most of the day.	2.7
2.7	At Y of dirt roads, stay R with Israel Trail going toward power lines.	6.5
9.2	Pass a big acacia tree by Hwy 40.	0.6
9.8	Pass a black-blazed 4x4 heading off to R past firing zone and nature reserve signs.	0.6
10.4	Pass multiple shade trees as you cross a big wadi with an underpass at your L. You will pass intermittent shade trees over the next 5.5km	9.6
20.0	Cross an access road to a military base. There are shelters and trees just to your R. Continue straight, going S, parallel to power lines.	4.9
24.9	Cross a dirt road heading R up into hills, as you continue S, following Israel Trail blazes.	0.7
25.6	Pass several shade trees on your R in the wadi bed.	1.0
26.6	Turn R onto a dirt road, past a water station, just before reaching the asphalt road ahead (Hwy 12). There is an Israel Trail map board at this intersection.	0.4
27.0	END STAGE at Shizafon Junction by a restaurant called Neot Smadar Inn.	END

Transportation:

- Car access for most of the stage (Hwy 40 is within ~ 1km of the trail for the majority of the stage).
- Bus stop at Tzihor Junction (~ 1.5km off-trail).
- Bus stop at Shizafon Junction.

Accommodation:

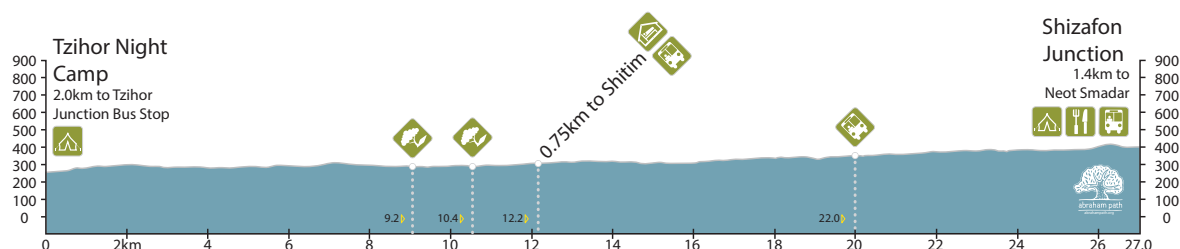
- Tzihor Night Camp
- Desert Ashram in Shitim
- Wild camping is possible by the resataurant at Shizafon Junction
- Hiker lodging at the kindergarten in Neot Smadar (~1.5km off-trail) (not available during school hours)

Food and Water:

- Cache water at Tzihor Night Camp.
- Water and food at Desert Ashram in Shitim
- Water and meals at restaruant at Shizafon Junction
- Water available in Neot Smadar (~ 1.5km off-trail). Hikers are welcome at (silent) communal meals in the Neot Smadar dining hall.

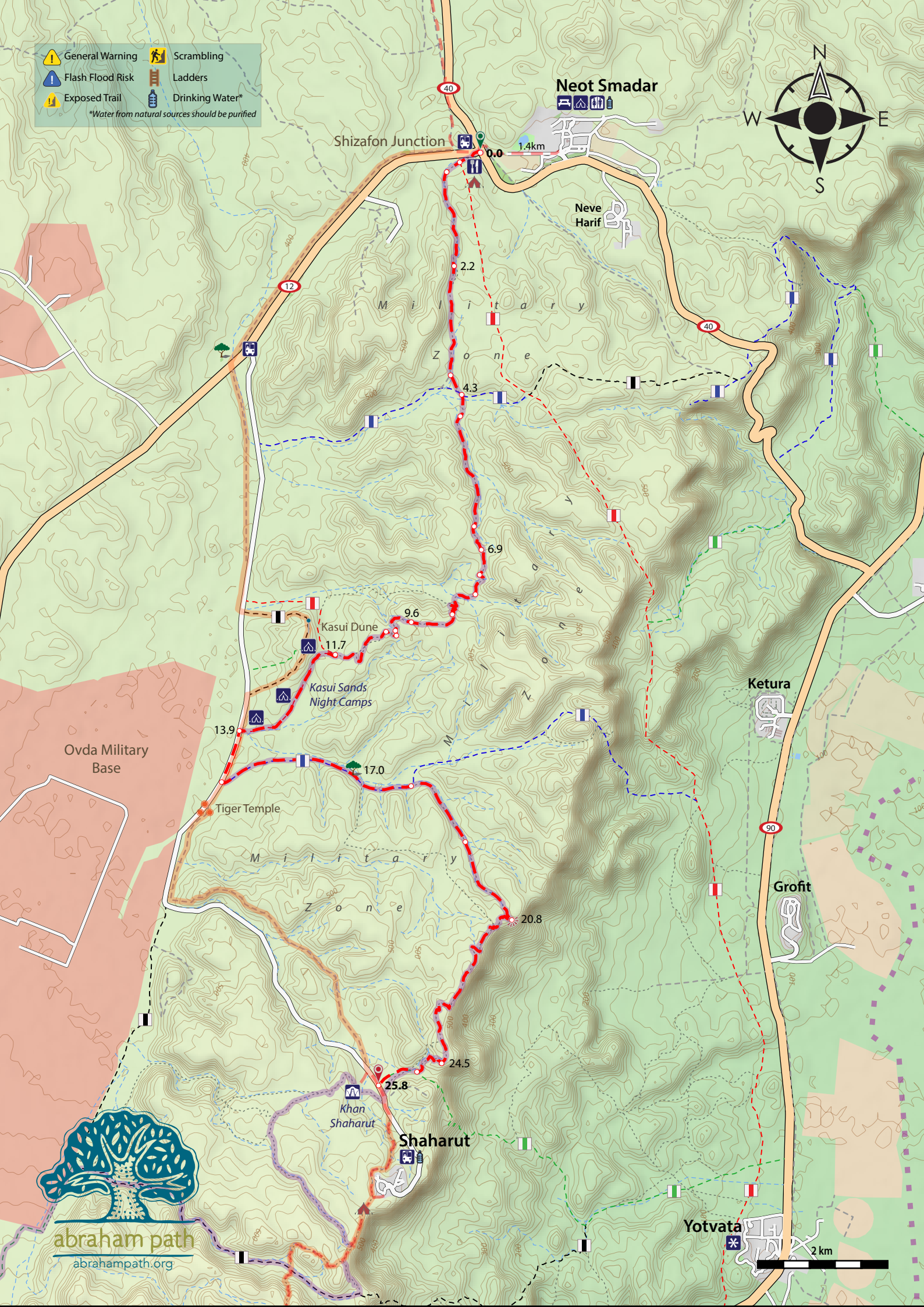
Stage Notes:

- The only reason to walk this un-scenic stage is to complete a through-hike. Consider getting a ride or traveling by bus from Tzihor Junction to Shizafon Junction.



	General Warning		Scrambling
	Flash Flood Risk		Ladders
	Exposed Trail		Drinking Water*

*Water from natural sources should be purified





5: Shizafon Junction to Shaharut (Arava Region)

Distance: 25.8km
Time: 5.5-8.5 hours
Physical Challenge: difficult
Trail Difficulty: moderate

km	Walking notes	+km
0.0	BEGIN STAGE at Shizafon Junction. Go W parallel to Hwy 12 to the far side of the restaurant, and then angle SE away from Hwy 12, following bike trail blazes. You will follow intermittent bike trail blazes until the end of the stage.	0.4
0.4	At 4-way junction, continue straight on the bike path, following the path toward electric tower ahead.	0.3
0.7	As you pass the electric tower, follow the path L into the wadi, passing minor shade trees, and continue to follow the path up the wadi.	1.5
2.2	As the wadi narrows to a small dry waterfall, which offers some shade, follow path up, out of the wadi, and continue straight S keeping the ridge within 30 meters on your R. ~ 400m ahead, descend into another wadi, continuing S.	1.7
3.9	At Y intersection of 4x4 and bike path, take the bike path L and cross the wadi, going in the direction of a dome shaped hill.	0.4
4.3	At 4-way junction, cross a blue-blazed 4x4, and pass a small hill on your R. Continue across the wadi, going toward a dome-shaped hill ~ 50m ahead.	0.3
4.7	When you reach the dome-shaped hill, cross the wadi following a bike trail blaze and follow the path L up the R-hand side of the wadi.	1.8
6.5	As the wadi narrows begin to ascend out of the wadi, following the path along the R side of the wadi.	0.4
6.9	Reach the top of wadi and make an S-turn, doubling back to continue S along the path toward a serpentine track ascending to a plateau in the distance.	0.5
7.4	Begin a descent into the wadi ahead, aiming for a gap between two hills ahead on your L. Continue to follow the well-worn bike path.	0.4
7.8	As you crest small saddle between two wadis, descend into the second wadi, moving ahead and R toward the serpentine climb ahead.	1.1
8.9	At the top of the ascent, continue on the bike path, angling R toward the center of the plateau. After ~150m, take a sharp R, following the path along the plateau, away from the mountains behind you. Sand dunes may cover the path, so use rock cairns for guidance.	0.7
9.6	As you reach the wadi mouth at a gap between two hills, continue on the path, through the gap, as the path continues above the L side of the wadi.	0.6
10.2	At a small saddle at the top of another wadi, pass through two rock cairns and continue toward the white bike trail blaze 60m ahead.	0.1
10.3	When you reach the rock cairn with the white bike trail blaze, turn R and go toward the rock cairn to your R. Move angling away from the Jordanian mountains, and follow the rock cairns through the sand dunes. ~ 200m ahead, upon reaching a white bike trail blaze on the opposite side of the wadi, turn L and follow the rock cairns toward the edge of the sand dune.	0.3
10.5	Reach a rock cairn with a white blaze on the other side of the dune. Continue along the plateau on the well-worn path, moving toward dune in the valley ahead.	1.2
11.7	At T, with a red-blazed 4x4, turn L and descend into the valley following the 4x4 track. Keep the sand dune on your R. You will pass three separate "Kasuy Sands" campgrounds before reaching the asphalt road ~ 2.3km ahead.	2.2
13.9	At intersection with an asphalt road, turn L, following the road and Israel Trail blazes toward the trees in the distance.	0.9
14.8	At intersection with a blue-blazed 4x4, turn L, going toward a nature reserve sign. Angle L, following the blue-blazed 4x4, as you pass the nature reserve sign.	2.2
17.0	As you pass shade trees, continue up the wadi along the blue-blazed 4x4.	1.0

18.0	At Y, go R following a blazed bike path into the wadi ahead as the blue-blazed 4x4 goes L. After ~200m, follow the bike path R into wadi	1.3
19.3	At a confluence of 3 wadis, follow the clearly defined bike path up the R-hand wadi.	1.5
20.8	Reach the top of the wadi on the edge of a cliff above the Arava Valley (The Jordanian mountains are visible in the distance). Double back on the bike path, climbing, before continuing SSE along the rim of the Arava Valley.	3.7
24.5	As you approach a white circular building ahead, continue to follow the path as you begin a serpentine descent.	0.6
25.1	When you reach an intersection with a green-blazed 4x4 track, turn R onto the 4x4 going E.	0.7
25.8	END STAGE at junction with the asphalt road leading into Shaharut.	END

Transportation:

- Bus stops at Shizafon Junction and Shaharut.
- Car access at stage end

Accommodation:

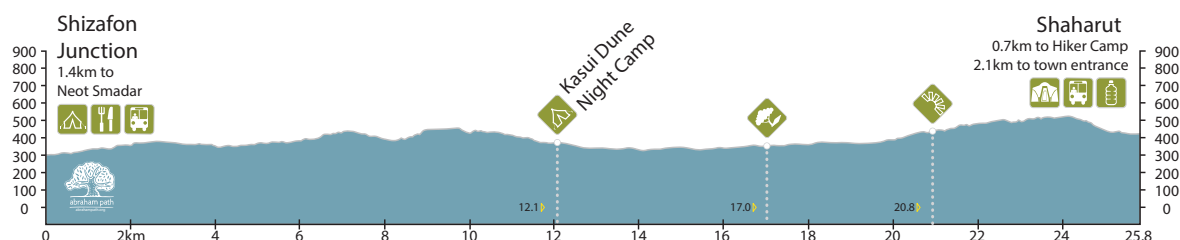
- Hiker lodging at the kindergarten in Neot Smadar (~1.5km off-trail) (not available during school hours)
- Wild camping is possible by the restaurant at Shizafon Junction.
- Kasui Sands Night Camp
- Camping/lodging at Khan Shaharut
- Wild camping is possible just south of Shaharut.

Food and Water:

- Water available in Neot Smadar 1.5km off-trail). Hikers are welcome at (silent) communal meals in the Neot Smadar dining hall.
- Water and meals at Shizafon Junction
- Water and meals at Khan Shaharut (arrange in advance)
- Water at park in Shaharut

Stage Notes:

- This stage follows the Israel Bike Trail. The path is clear, but markings are more infrequent than hiking blazes. At times, sand dunes cover the trail and present navigational difficulties - pay attention for piled rock cairns for navigation when sand covers the path.
- Hikers should not camp in Shaharut.





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- General Warning
- Flash Flood Risk
- Exposed Trail
- Scrambling
- Ladders
- Drinking Water*

*Water from natural sources should be purified.





6: Shahrut to Wadi Mangan (Arava Region)

Distance: 25.5km

Time: 5.5-8.5 hours

Physical Challenge: difficult

Trail Difficulty: difficult

km	Walking notes	+km
0.0	BEGIN STAGE at junction of asphalt road and green-blazed 4x4. Follow asphalt road S toward Shahrut.	0.3
0.3	At Israel Trail info board, turn R up a path moving away from the road, toward a saddle ahead. Follow Israel Trail blazes for the remainder of the stage.	1.8
2.1	At sign and 3-way junction, turn R and follow Israel Trail blazes toward a nature reserve sign ~ 200m ahead. Turn R to enter Shahrut. Camping in Shahrut is not welcome.	1.2
3.3	Turn R, then soon L, keeping the fence on R	1.3
4.6	Cross a black-blazed path in a wadi bed, and continue following Israel Trail blazes S toward an ascent. There are shade trees to the W in the wadi.	5.6
10.2	At T, turn R following path marked by green and Israel Trail blazes.	6.0
16.2	At T, turn L following 4x4 marked by blue and Israel Trail blazes	0.6
16.8	At Y, take L 4x4 option following blue and Israel Trail blazes and sign for "Milhan Ascent." A green-blazed 4x4 R toward "Wadi Meteq" and "Mt. Berekh."	1.3
18.1	At 3-way, with red-blazed path, turn L, following red and Israel Trail blazes slightly downhill toward cliffs on your L.	3.1
21.2	Begin a major descent into the valley below following red and Israel Trail blazes. At certain places along the descent the path passes along the north side of rock outcroppings, offering shade from late morning through afternoon. Exercise caution when descending, as some sections are quite steep.	1.0
22.2	Pass a section of exposed trail and continue descending.	1.1
23.3	Reach bottom of descent. The red-blazed trail becomes a 4x4 track. Continue following red and Israel Trail blazes along the 4x4 track until you reach Nahal Mangan NC, passing several intersections with other 4x4 tracks along the way.	2.2
25.5	END STAGE at 3-way junction of 4x4 tracks marked by red and black blazes. To your L is Nahal Mangan NC. The red-blazed 4x4 to your R continues ~ 2.5km S to Timna Park.	END

Transportation:

- Bus stops at Shahrut and Timna turn-off on Hwy 90 (~ 3km off route)
- Car access at Nahal Mangan Night Camp

Accommodation:

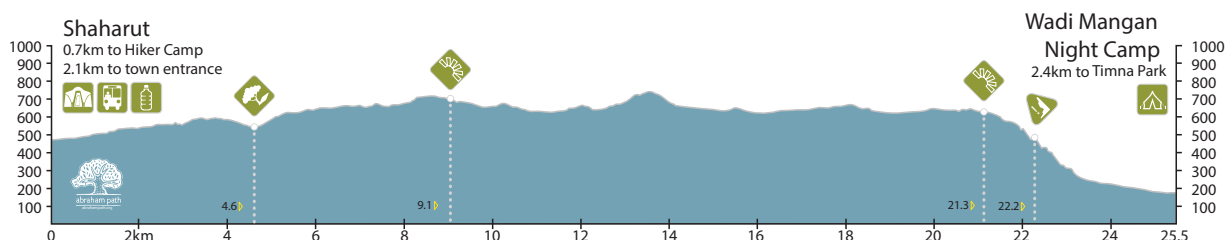
- Khan Shahrut
- Wild camping is possible just south of Shahrut.
- Beer Milhan Night Camp (~ 1km off-trail)
- Nahal Mangan Night Camp
- Guesthouse in Elifaz (~ 3km off-trail)

Food and Water:

- Water at park in Shahrut
- Cache water at Nahal Mangan Night Camp
- Water and meals available in Elifaz (~ 3km off-trail)
- Water available at entrance to Timna Park (must arrive before 16:00, or before 15:00 on Fridays/Holidays)

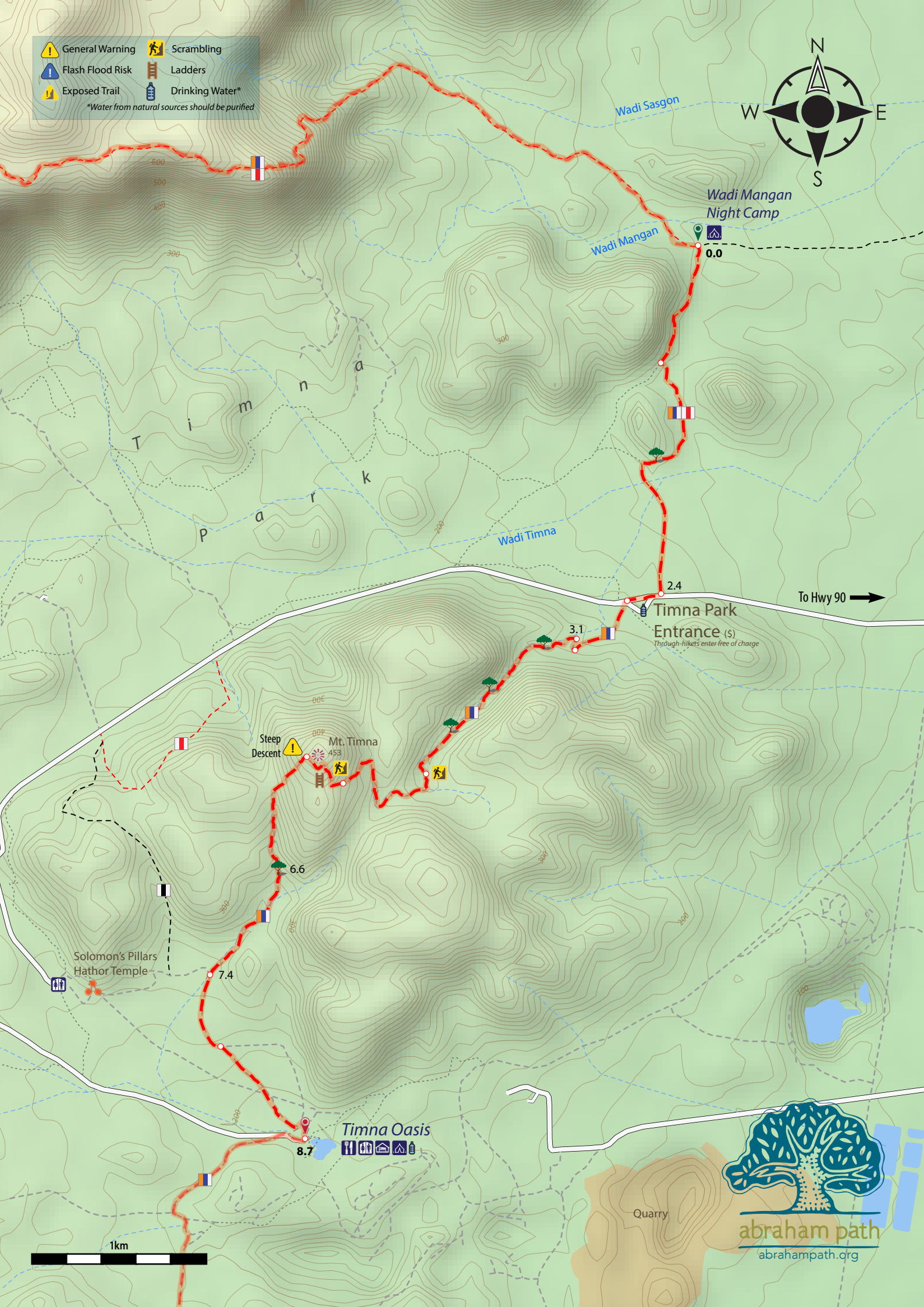
Stage Notes:

- Hikers should not camp in Shahrut.
- Nahal Mangan Night Camp is one of the nicer night camps in the region, with shade trees and a sand dune.
- The descent to Nahal Mangan Night Camp is steep and rocky.



	General Warning		Scrambling
	Flash Flood Risk		Ladders
	Exposed Trail		Drinking Water*

*Water from natural sources should be purified





7: Wadi Mangan to Timna Oasis (Arava Region)

Distance: 8.7km

Time: 2-3.5 hours

Physical Challenge: moderate

Trail Difficulty: difficult

km	Walking notes	+km
0.0	BEGIN STAGE at 3-way junction of 4x4 track marked by red and black blazes. Go S on red-blazed 4x4 toward Timna Park, also following Israel Trail blazes. You will follow Israel Trail blazes for the entire stage.	0.8
0.8	At T with 4x4 track, turn L following red and Israel Trail blazes toward the left side of the hill ahead.	0.7
1.5	At a shade tree with cliffs on your R, cross a wadi bed toward a rock cairn and sign on the far side of the wadi. Upon reaching the sign, turn L, following red and Israel Trail blazes toward the Timna Park entrance visible ahead.	0.9
2.4	At T intersection with asphalt road turn R, and go to the Timna Park entrance.	0.2
2.6	Shortly after passing through the park entrance, after passing a theater on your L, turn L onto a 4x4 track, going toward the mountains on your L. Follow Israel Trail blazes as you soon leave the road.	0.4
3.0	Follow the path as it descends sharply into a wadi, and follow Israel Trail blazes down the wadi bed.	0.1
3.1	At T with a larger wadi, turn L following the larger wadi upstream. Continue following Israel Trail blazes. There is ample shade from shade trees and the wadi walls throughout the wadi.	1.1
4.2	Ascend a small scramble, and then another ~ 50m ahead. After passing the second scramble, at the intersection of two wadis, turn R, following Israel Trail blazes toward the mountain ahead.	1.2
5.4	Go up another scramble before soon turning R and ascending steeply, climbing several staples, to Mt. Timna	0.4
5.8	Begin a steep descent with loose footing on the W side of Mt. Timna.	0.8
6.6	Pass a shade tree in the wadi.	0.8
7.4	At T intersection with a dirt road, turn L with Israel Trail blazes, heading toward the asphalt road visible ahead. OPTION: Turn R to visit Solomon's Pillars and the Hathor Temple.	0.5
7.9	As the dirt road turns L, turn right off the road onto a footpath, and follow Israel Trail blazes to Timna Oasis, visible ahead.	0.8
8.7	END STAGE at Timna Oasis.	END

Transportation:

- Bus stop at Timna turn-off on Hwy 90 (~3km off route)
- Car access at Nahal Magnan Night Camp
- Car access at Timna Oasis

Accommodation:

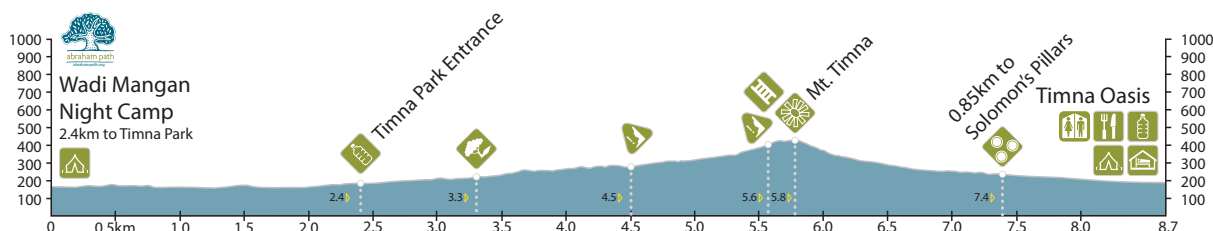
- Nahal Mangan Night Camp
- Guesthouse in Elifaz (~ 3km off-trail)
- Timna Oasis

Food and Water:

- Cache water at Nahal Mangan NC
- Water and meals available in Elifaz (~ 3km off-trail)
- Water available at entrance to Timna Park (must arrive before 16:00, or before 15:00 on Fridays/Holidays)
- Water and meals available at Timna Oasis

Stage Notes:

- Entrance to Timna Park is free for thru-hikers.
- This is a short stage. Take extra time (or even a full extra day) to see the sites in Timna Park.
- If you don't want to see the sites in Timna, you can reach the Red Sea in three days from Nahal Magnan Night Camp instead of 4. From Nahal Magnan Night Camp hike to Raham-Eteq Night Camp (or Beer Ora). Continue to Yehoram Night Camp the following day, and descend to the Red Sea on the third day.





Solomon's Pillars
Hathor Temple

Timna Oasis

Quarry

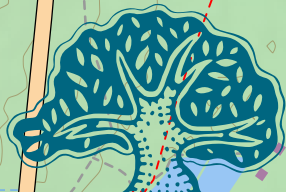
Beer Ora

Eteq-Raham
Night Camp

Amram Pillars

Shehoret
Night Camp

Hidden Valley



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	General Warning		Scrambling
	Flash Flood Risk		Ladders
	Exposed Trail		Drinking Water*

*Water from natural sources should be purified





8: Timna Oasis to Shehoret (Arava Region)

Distance: 21.1km

Time: 4.5-7 hours

Physical Challenge: difficult

Trail Difficulty: difficult

km	Walking notes	+km
0.0	BEGIN STAGE at Timna Oasis. Go to the exit of Timna Oasis, turn L onto the main asphalt road.	0.2
0.2	At the end of a series of wooden posts on the L side of the road, turn L off the asphalt road and angle left into a wadi, following Israel Trail blazes. Follow Israel Trail blazes for the rest of the day.	0.8
1.0	At T intersection, turn L onto dirt road. Shortly ahead, turn R onto a small 4x4 as the main dirt road goes straight (shade trees here).	0.1
1.1	At Y, take the R 4x4, going S, continuing to follow Israel Trail blazes. Soon after, join a large dirt road, continuing S.	1.2
2.3	At a 3-way intersection, with a blue gate uphill to your L, go L toward the blue gate.	0.8
3.1	Pass a fenced-off complex as the dirt road becomes asphalt. Follow the asphalt road for ~ 660m S.	0.7
3.8	As you draw level with cliffs on your R, cross the asphalt road and continue on a 4x4, keeping cliffs on your R.	0.5
4.3	At a point with shade trees ahead, as the 4x4 goes R, turn slightly L off the 4x4 and follow intermittent Israel Trail blazes across the wadi toward an acacia tree ahead.	0.6
4.9	At the other side of the wadi at an intersection with a 4x4 track, turn R and follow the wadi and 4x4 track toward an acacia tree ahead. Follow green and Israel Trail blazes for the next ~ 1.3km, staying close to the L bank of the wadi. There are intermittent shade trees in the wadi.	1.3
6.2	At 3-way junction of green and black-blazed 4x4s with a signpost and acacia tree, turn R (SSW) onto a 4x4, continuing to follow green and Israel Trail blazes in the main wadi, staying to the L bank of the wadi. Pass a sign for a campground 2km ahead. OPTION: Turn L, following the black-blazed 4x4 to go to Beer Ora.	1.8
8.0	As a blue-blazed 4x4 goes R entering another wadi, continue following green and Israel Trail blazes in the wadi you have been following (Wadi Raham), heading S. Pass the Eteq-Raham NC on your R. There are many shade trees as you continue S in Wadi Raham.	4.8
12.8	As a small wadi and black-blazed path enter from your R into Wadi Raham, continue straight (SW) in Wadi Raham, roughly following a 4x4 track with intermittent green blazes.	0.9
13.7	At 3-way junction with a signpost, turn L into a small wadi, following black and Israel Trail blazes and sign for "Gevey Raham" S, as the larger wadi continues straight. The green-blazed 4x4 continues straight up the main wadi. Pass several large shade trees ahead.	1.3
15.0	Enter a tight part of the canyon and soon after pass two sets of scrambles as you continue up the wadi.	0.4
15.4	As a red-blazed path joins from your R, turn L and continue to follow black and Israel Trail blazes up the wadi. Just ahead pass a set of large palm trees.	0.3

15.7	At 3-way junction with a signpost, take a L, heading S, following blue and Israel Trail blazes and the sign for "Amram Ascent" and "Amram Pillars." A blue-blazed path also goes straight, W, in the larger wadi in the direction of the sign for "Wadi Raham" and "Ma'ale Eilat Highway." The black blazes end here.	0.9
16.6	At the top of the ascent reach a 3-way junction, as a red-blazed path joins from the L. Continue straight following blue/Israel Trail blazes. Exercise caution on the upcoming descent. OPTION: Going L on the red-blazed path 350 meters reach a peak and 360 degree viewpoint.	0.7
17.3	At Y, turn R following a black-blazed path as a blue-blazed path goes L. Exercise caution on the descent ahead. OPTION: Follow the blue-blazed path L to reach the Amram Pillars (~1.9km off trail).	0.6
17.9	At a 4-way junction turn R, going down into the wadi below following black and Israel Trail blazes. A red-blazed path goes L, and a green-blazed path goes straight.	2.5
20.4	At a 4-way junction of black and red-blazed trails, continue straight following black and Israel Trail blazes toward the break in the small cliff ahead.	0.7
21.1	END STAGE in Wadi Shehoret at junction with a dirt road with green blazes.	END

Transportation:

- Car access at Timna Oasis
- Car access at Shehoret Night Camp

Accommodation:

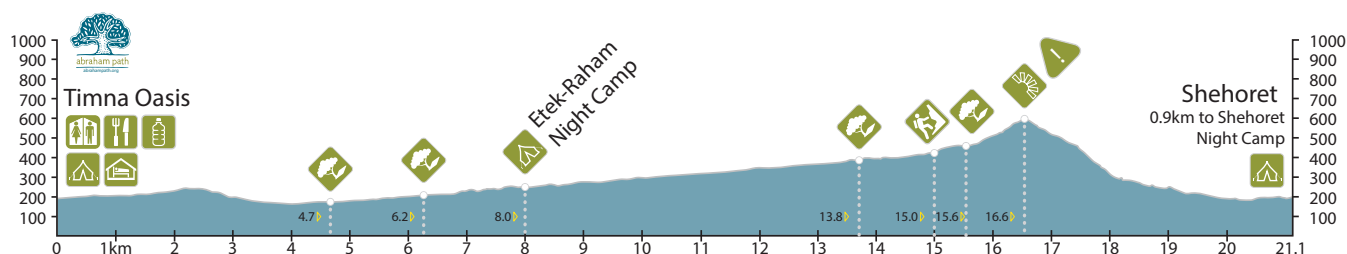
- Timna Oasis
- Raham-Eteq Night Camp
- Shehoret Night Camp (~ 0.9km off-trail)

Food and Water:

- Water and meals available at Timna Oasis
- Water is available in Beer Ora (~ 2km off-trail)
- Cache water at Shehoret Night Camp (~ 0.9km off-trail)

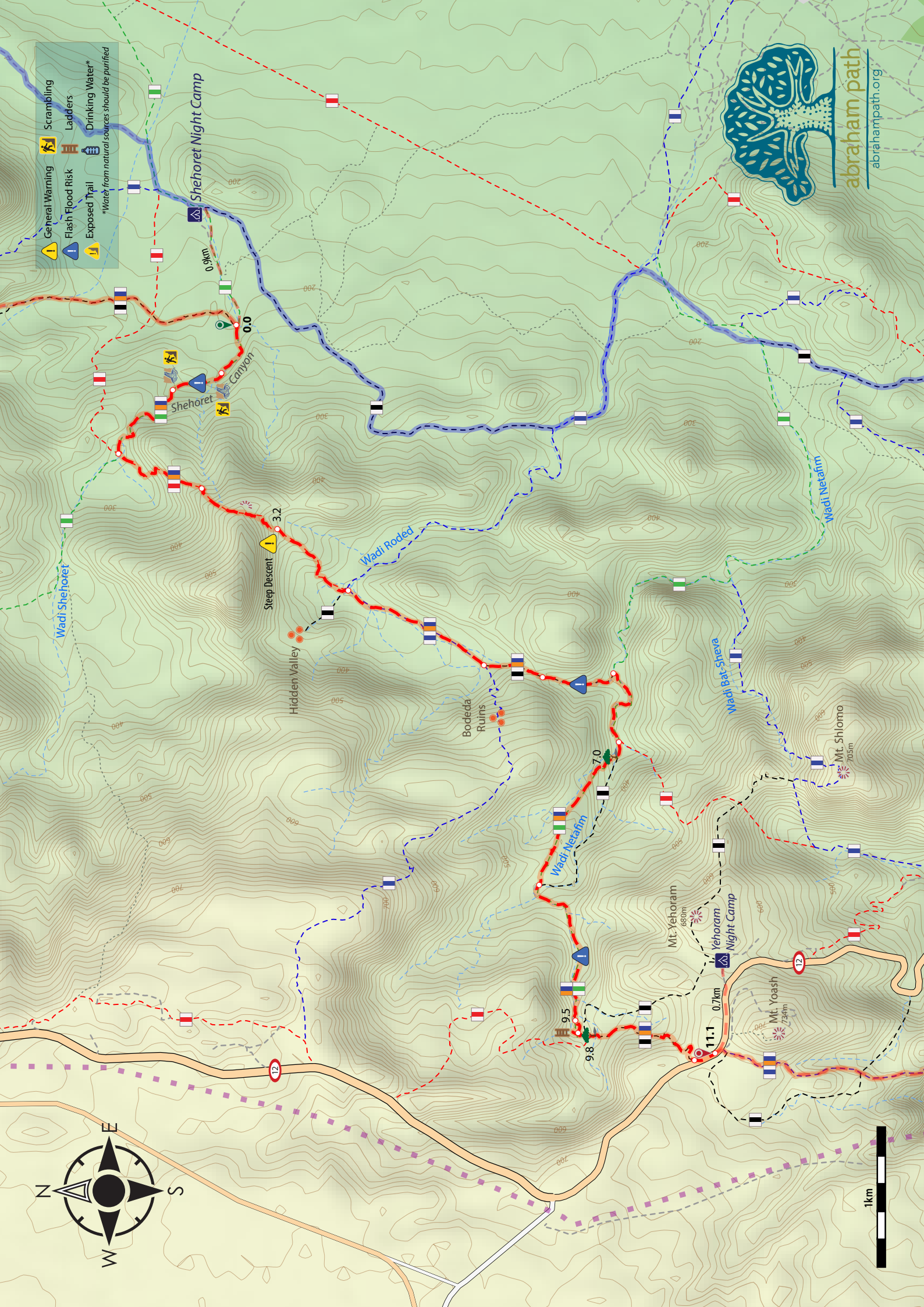
Stage Notes:

- If you choose to hike to Raham-Eteq Night Camp from Nahal Magnan NC, bring 1.5 days of water from Timna Oasis (minimum 7 liters) in order to have enough water to reach Yehoram NC the next day.



General Warning
 Flash Flood Risk
 Exposed Trail
 Scrambling
 Ladders
 Drinking Water*

*Water from natural sources should be purified





9: Shehoret to Yehoram (Arava Region)

Distance: 11.1km

Time: 3-5 hours

Physical Challenge: difficult

Trail Difficulty: difficult

km	Walking notes	+km
0.0	BEGIN STAGE at junction of black-blazed path and dirt road, near entrance to Shehoret Canyon. Go W following green and Israel Trail blazes into Shehoret Canyon. You will follow Israel Trail blazes for the rest of the stage. Flash flood risk in the canyon.	0.4
0.4	Reach a dry waterfall and scramble up.	0.4
0.8	Scramble up a second dry waterfall.	0.9
1.7	At 4-way junction with a signpost, turn L following red and Israel Trail blazes and a sign for "Lost Valley." Move toward the ascent ahead. A R turn at the junction returns, following red blazes, going to "Shehoret Parking." Continuing straight on green blazes the trail goes to "Temilat Shehoret" and "Wadi Raham."	0.8
2.5	Around halfway up the ascent, pass a north facing rock wall that offers shade for much of the day.	0.7
3.2	As you descend on the other side of the ridge, exercise caution as you pass a section of exposed trail, and continue down the steep, rocky descent.	0.8
4.0	At 4-way junction with a signpost, continue straight following blue and Israel Trail blazes and sign for "Wadi Roded" and "Wadi Netafim." ~ 350m ahead pass several shade trees. From the junction 500m to your R along a black-blazed path is the "Hidden Valley." Turning L, a blue-blazed path takes you down Wadi Roded to the the Arava Hwy.	1.1
5.1	At Y, marked by a signpost, take L option, now following black and Israel Trail blazes and sign for "Wadi Netafim," going further up the main wadi. A R turn along a blue-blazed path takes you to the "Bodeda Ruins."	2.5
5.6	After reaching a saddle continue S and begin a slippery descent into wadi below. Flash flood risk here.	0.6
6.2	At T with green-blazed path in another Wadi (Wadi Netafim), turn R following green and Israel Trail blazes up the wadi.	0.7
6.9	At Y, go R, continuing up Wadi Netafim following the green and Israel Trail blazes. A small wadi and red-blazed path goes L.	0.1
7.0	When you reach two shade trees about 50 meters apart, turn R and begin a steep climb out of the R side of the wadi following green and Israel Trail blazes. A black-blazed path continues straight up the wadi and will reconnect with the green trail at the top of the wadi.	1.3
8.3	At the intersection with the black-blazed path coming from the wadi to your L, continue up the wadi, following green and Israel Trail blazes; then turn L as following the wadi bends upstream, continuing to follow green and Israel Trail blazes.	1.2

9.5	At intersection with a red-blazed path on L, continue straight, up the wadi, following green and Israel Trail blazes. Ahead begin a steep climb out of the wadi.	0.2
9.7	Reach a narrow, vertical crack with staples. You'll need to remove your backpack to climb through.	0.1
9.8	At 4-way junction, continue straight ahead up toward a break in the rock ahead, following a black-blazed 4x4. A red-blazed 4x4 goes R from the intersection, while a black-blazed path goes L. This black-blazed path will take you directly to Yehoram Night Camp. There are shade trees here.	0.9
10.9	At the intersection with Hwy 12, turn L and follow this road S. Pass a military checkpoint.	0.6
11.1	STAGE END At sign for "Wadi Gishron" on the R side of the road, cross road and continue to follow Israel Trail blazes (if continuing on Israel Trail). Continue straight along road ~ 700m to Yehoram NC.	END

Transportation:

- Car access at stage start and end points
- Car access at Shehoret Night Camp (~ 0.9km off-trail)
- Car access at Yehoram Night Camp (~ 0.7km off-trail)

Accommodation:

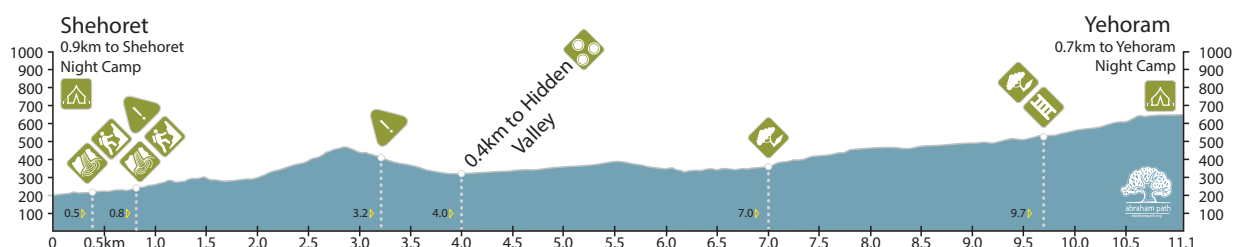
- Shehoret Night Camp (~ 0.9km off-trail)
- Yehoram Night Camp (~ 0.7km off-trail)

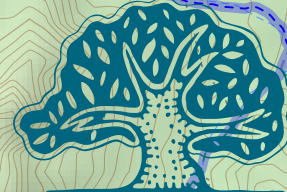
Food and Water:

- Cache Water at Shehoret Night Camp (~ 0.9km off-trail)
- Cache Water at Yehoram Night Camp (~ 0.7km off-trail)

Stage Notes:

- Have your water cache well hidden at Yehoram Night Camp as large student groups often use the night camp.





abraham path

abrahampath.org

Mt. Yehoram
680m

Yehoram
Night Camp

Mt. Yoash
734m

Mt. Shlomo
705m

Mt. Yehoshafat
508m

Mt. Rehavam
508

Eilat

- General Warning
 - Flash Flood Risk
 - Exposed Trail
 - Scrambling
 - Ladders
 - Drinking Water*
- *Water from natural sources should be purified

Red Sea

1km



10: Yehoram to Red Sea (Arava Region)

Distance: 13.3km

Time: 3-5 hours

Physical Challenge: moderate

Trail Difficulty: moderate

km	Walking notes	+km
0.0	BEGIN STAGE at sign for Wadi Gishron where dirt road meets Hwy 12. Go S following blue and Israel Trail blazes. Follow Israel Trail blazes for the remainder of the stage.	1.3
1.3	At 4-way junction with go straight following blue and Israel Trail blazes and sign for "Wadi Gishron," following the ridge above the wadi. A black-blazed path goes L into "Wadi Yoash."	0.4
1.7	Take care as you continue along a section of exposed trail.	0.4
2.1	Reach a steep, rocky descent into a tight wadi with rails along the side of the path.	0.6
2.7	Enter a very tight section of the wadi. Flash flood risk. Reach a long ladder ahead. ~ 450m further down the wadi reach a set of staples.	1.0
3.7	At junction with a red-blazed path and signpost, continue straight down the wadi following Israel Trail and blue blazes. There are several shade trees at the junction and several others ~ 200m ahead. The red-blazed path goes to "Yehoshafat Ascent."	0.7
4.4	At junction with green-blazed path and signpost continue down wadi following blue and Israel Trail blazes and a sign for "Gishron Ascent." The green-blazed path goes to "Tsara Pass" and "Wadi Shlomo."	0.3
4.7	When you reach an asphalt road, continue straight across, following the blue and Israel Trail blazes down the wadi. ~ 250m ahead begin a small scramble down into a tighter part of the wadi with some difficult down scrambles ahead. Flash flood risk here.	1.3
6.0	At signpost, turn L out of the wadi, following blue and Israel Trail blazes and a sign for "Gishron Ascent." There are shade trees here. Soon after been a steep ascent with loose footing and sections of exposed trail.	0.5
6.5	At T on the ridge at the top of the ascent, turn R following black and Israel Trail blazes toward the bins on the peak to the R. A blue-blazed path goes L.	0.7
7.2	At junction with an asphalt road and Y intersection of blazed trails, follow the red-blazed trail L along the asphalt road going downhill. Do not follow the black-blazed trail.	0.2
7.4	As the asphalt road curves L, follow the red and Israel Trail blazes R, going off the road onto a path along the R edge of a wadi.	0.8
8.2	Reach the ridgeline at the top of an ascent and continue R along the ridge, downhill, in the direction of the Red Sea.	0.6
8.8	As the red blazes end at a signpost, continue on the path now following black blazes and sign for "Mt. Zefahot."	2.0

10.8	At the bottom of a descent into a wadi, turn R and go upstream along the wadi in the direction of a saddle in the distance. ~ 150m later, well before the saddle, turn R up a small wadi following green and Israel Trail blazes, soon beginning a steep ascent.	0.9
11.7	When you reach junction on a saddle between two peaks, turn R, following green and Israel Trail blazes while a blue-blazed path goes L. Soon after, begin the descent to the Red Sea.	0.3
12.0	At junction with the black-blazed path on your R, continue straight following green and Israel Trail blazes.	0.1
12.1	At a junction of several unmarked paths, follow green and Israel Trail blazes L, going steeply down toward the wadi below.	1.2
13.3	END STAGE at a convenience store on Hwy 90 by the Red Sea.	END

Transportation:

- Car access at stage start and end points
- Bus 16 runs hourly (during daytime hours) between Eilat and the Taba border crossing; it stops at the Field School close to where the trail ends

Accommodation:

- Yehoram Night Camp (~ 0.7km off-trail)
- Guesthouses, hostels and hotels in Eilat.
- Camping is possible on beaches on the Red Sea.

Food and Water:

- Cache water at Yehoram Night Camp (~ 0.7km off trail)
- Grocery stores and restaurants in Eilat, as well as a few along the highway between Eilat and Taba

Stage Notes:

- Have your water cache well hidden at Yehoram Night Camp as large student groups often use the night camp.
- There are several tight wadis with significant scrambles. Take care to avoid this stage if there is any risk of flash floods.

